

Results of Spen 20 -- 11 March 2018

Pos	Number	Name	Club	Age cat	Time
1	209	Scott Harrington	Otley	M	1.53.35
2	70	Lewis Gamble-Thompson	New Marske	M	1.54.58
3	122	Ed Hyland	Stainland	M	2.00.05
4	223	Neal Emmerson	Radcliffe	M	2.01.08
5	119	Phillip Elliott	York Knavesmire	M40	2.02.28
6	195	Will Kerr	Saltaire	M40	2.04.55
7	32	Simon Spears	Ackworth	M	2.05.38
8	165	Tom Thomas	Hyde Park	M	2.06.16
9	131	Andrew Bennett	Valley Striders	M	2.07.26
10	77	Christopher Ward	Wakefield	M	2.07.48
11	74	Jonathan Cleaver	Barlick Fell	M	2.08.28
12	58	Ian Richardson	Ackworth	M	2.08.49
13	222	Tom Jagger	Stadium	M	2.09.07
14	202	Simon Lambert	U/A	M	2.09.52
15	123	Stuart Tucker	Swinton	M40	2.10.11
16	62	Matthew Pinnock	Pudsey Pacers	M	2.10.33
17	199	Andrew Hebden	Morpeth	M	2.10.56
18	120	Richard Stevenson	Clayton	M40	2.11.15
19	214	Fiona Davies	Rotherham	F40	2.12.39
20	183	Edward Revell	Spenborough	M40	2.12.51
21	217	Daniel Bird	Swinton	M	2.13.21
22	167	Tony Flanagan	Swinton	M50	2.13.25
23	68	Ian Maudsley	St Therasas	M	2.13.53
24	102	Glen Johnson	St Therasas	M40	2.14.08
25	188	Matthew Nowell	Saltaire	M	2.14.59
26	187	Jon Pinder	York Knavesmire	M	2.15.40
27	215	Michael Smith	Pocklington	M	2.15.55
28	106	Kevin Ryan	Swinton	M40	2.15.59
29	41	Neal Edmondson	Horsforth	M	2.16.02
30	168	Ian Cronshaw	Swinton	M	2.16.42
31	174	Chris Jefferies	Billingham	M45	2.18.21
32	80	David Blow	U/A	M50	2.19.12
33	178	Zanthe Wray	Hallamshire	F	2.19.20
34	53	Richard Hirst	Spenborough	M	2.20.33
35	132	Kevin Lister	NE Vets	M45	2.21.07
36	212	Simon Brady	Queensbury	M50	2.21.20
37	220	Ian Willis	Keighley & Craven	M45	2.21.27
38	179	Mathew Richardson	U/A	M	2.21.34
39	86	Jonathan Young	Kirkstall	M	2.22.04
40	194	Karl Heron	Queensbury	M55	2.22.10
41	159	Karl Field	U/A	M	2.22.20
42	186	Jason Higgins	York Knavesmire	M	2.22.24
43	211	Caroline Hoath	Meltham	F40	2.22.29
44	164	Terry Midgley	Valley Striders	M45	2.22.45
45	193	Chris Jones	Wharfedale	M50	2.22.59
46	153	Rebecca Winter	Ackworth	F	2.23.39
47	177	Lindsey Clegg	Horsforth	F35	2.23.55
48	173	Andrew Davies	Billingham	M	2.24.56
49	42	Jenni Muston	Spenborough	F40	2.25.11
50	181	Ryan Barker	Halifax	M45	2.25.17
51	75	Danial Plant	U/A	M	2.25.28
52	229	Paul Foster	U/A	M55	2.26.02
53	226	Andrew Byram	Dewsbury	M40	2.26.29
54	232	Gerard Skippins	Spenborough	M40	2.27.02
55	166	Sam Blashard	Calder Valley	M	2.27.08
56	219	Tristan Featherby	Pocklington	M	2.27.16
57	192	Vincent Jensen	Northwich	M	2.27.54
58	130	Neil Thompson	Fitmums & Friends	M40	2.28.24
59	118	Stephen Tether	U/A	M45	2.28.35
60	157	Craig Thompson	Roberttown	M	2.29.10

61	230 Shamiso SisiMayi	Harrogate	F35	2.29.12
62	234 Joe Baker	Stadium	M	2.29.33
63	107 Ian Ogden	Spenborough	M45	2.29.40
64	3 Adam Moger	Kirkstall	M40	2.29.56
65	196 Ewan Cochrane	York Knavesmire	M	2.31.05
66	33 Richard Kennedy-Joyce	Kirkstall	M	2.31.16
67	141 Mark Yates	Kingston	M45	2.31.34
68	176 Amy Young	Hyde Park	F	2.31.48
69	143 Tara Spillings	U/A	F50	2.32.32
70	224 Adrian Sell	Saddleworth	M	2.33.32
71	99 Richard Aiston	Dewsbury	M55	2.33.58
72	221 Sian Evans	Steel City	F	2.34.15
73	31 Jon Wilson	City of Hull	M40	2.34.34
74	24 Megan Button	Penistone	F	2.34.51
75	37 Oliver Pike	Penistone	M	2.34.52
76	198 Nicholas Tutill	York Knavesmire	M40	2.34.53
77	158 Julie Masterman	Goole	F50	2.35.51
78	154 David Ingle	Halifax	M55	2.37.19
79	225 Dave Butler	Spenborough	M45	2.37.42
80	59 Hayley Nancolas	Valley Striders	F35	2.38.15
81	146 Andrew Wiggins	Halifax	M45	2.38.24
82	14 Richard Harrison	Selby	M45	2.39.01
83	235 Vincent Baker	Steel City	M	2.39.13
84	50 Stuart Whale	Ackworth	M45	2.39.15
85	89 Simon Edwards-Barber	Ackworth	M	2.39.16
86	180 Emer Dudley	Roberttown	F55	2.40.19
87	138 Sue Straw	Keighley & Craven	F45	2.40.25
88	133 Clare Rowntree	York Knavesmire	F	2.41.00
89	151 Andrew Hilton	U/A	M40	2.41.12
90	189 Nuno Cesar De Sa	Skyrac	M40	2.42.00
91	190 Rebecca Cesar De Sa	Skyrac	F40	2.42.00
92	19 Nicola Blyth	White City (Hull)	F40	2.42.12
93	13 Rebecca Gray	Hyde Park	F	2.42.29
94	197 Paul Grist	Kirkstall	M50	2.43.19
95	175 Paul Dickens	Hyde Park	M	2.43.32
96	7 Rowan Temple	Kirkstall	M	2.44.00
97	114 Emma Warner	Wetherby	23	2.44.23
98	161 Paul Smith	Dewsbury	M50	2.44.27
99	218 Ed Senior	Roberttown	M	2.44.35
100	46 Mathew Radbourne	U/A	M45	2.45.55
101	127 Janine Fallon	Blackburn	F40	2.46.39
102	228 Idris Mansoor	Dewsbury	M40	2.46.44
103	98 Emily Turner	Horsforth	F	2.46.48
104	111 Ann Foster	Wetherby	F45	2.46.50
105	182 Rachel Ball	Sunderland	F35	2.47.09
106	8 Michael Tinker	U/A	M45	2.47.14
107	76 John Parry	U/A	M50	2.47.22
108	15 Sara Morrow	Selby	F45	2.47.34
109	203 Beth Rendall	Hyde Park	F	2.48.21
110	191 Matt Worsman	U/A	M	2.49.03
111	54 Christopher Gill	St Therasas	M70	2.49.58
112	126 Clare Evans	Hyde Park	F	2.50.01
113	96 Justin Birtwistle	Clayton	M40	2.50.56
114	6 Chris Pearson	Methley	M45	2.51.28
115	207 Flora Skidmore	Dewsbury	F55	2.51.33
116	150 Ellen Sharpe	Hyde Park	F	2.51.42
117	49 Chris Wainman	Huddersfield	M40	2.51.44
118	97 Ian Gahagan	Northern Masters	M60	2.51.52
119	69 Mark Doyle	Farsley	M	2.51.54
120	27 Lorne McNeill	Baildon	M45	2.52.24
121	52 Alan Schofield	Barnsley	M55	2.52.41
122	233 Claire Thompson	Spenborough	F35	2.52.43
123	184 Sandy George	Ackworth	F50	2.54.05

124	201 Robert Greaves	Pudsey Pacers	M45	2.54.24
125	2 Tony George	U/A	M50	2.54.29
126	144 Emma Dooley	Nidd Valley	F40	2.55.19
127	12 Emma Dunn	Tadcaster	F45	2.55.24
128	35 Isobel Webster	Kirkstall	F	2.57.24
129	185 Jan Michl	U/A	M	2.58.04
130	85 Emma David	Nidd Valley	F40	2.58.14
131	100 Richard Bell	Wetherby	M50	2.58.48
132	213 Wayne Avery	Horsforth	M	2.58.49
133	64 Jackie Russell	Methley	F40	2.59.12
134	66 John Atkinson	U/A	M45	2.59.37
135	25 Mark Leadbeater	Ackworth	M50	3.00.05
136	17 Tao (Judy) Liu	St Therasas	F40	3.01.18
137	170 Louise Siddall	Kimberworth	F45	3.01.37
138	71 Leanne Alston	Queensbury	F	3.02.48
139	103 Steven Pilling	Dewsbury	M50	3.03.11
140	172 Amy Linley	Dewsbury	F	3.03.14
141	82 Nicola Forwood	Hyde Park	F	3.05.12
142	148 Alister Robson	Fetch Everyone	M45	3.05.38
143	115 Elizabeth Nairn	Selby	F	3.06.07
144	171 Emma Kettlewell	Nidd Valley	F	3.06.37
145	113 Paul Baker	Selby	M	3.06.52
146	142 Adam Rahnvard	U/A	M	3.07.50
147	91 Richard Cooper	St Therasas	M40	3.08.08
148	152 Karen Bowman	U/A	F40	3.09.05
149	155 Julie Hepworth	Queensbury	F40	3.09.59
150	18 Joanne Loftus	St Therasas	F40	3.10.14
151	57 Debbie Bland	Eccleshill	F60	3.10.59
152	87 Martin Wright	Bfd Airedale	M55	3.11.34
153	208 Mohanlal Mistry	Saltaire	M55	3.11.34
154	39 Steve Laffey	U/A	M55	3.12.04
155	73 Vicky Webb	U/A	F45	3.12.08
156	84 Adam Beesting	Farsley	M	3.14.51
157	206 Gail Wrangles	Ackworth	F45	3.16.35
158	134 Lindi Day	Fitmums & Friends	F40	3.17.06
159	104 Sohail Miran	Bfd Airedale	M45	3.23.35
160	200 Helen Fenton	St Therasas	F60	3.24.52
161	216 Shaun Loftus	St Therasas	M50	3.24.52
162	30 Tania Leung	U/A	F35	3.28.53
163	34 Dom Charkin	Farsley	M40	3.28.53
164	125 Lee Shorrocks	U/A	M	3.29.20
165	160 Amie Gardner	Ackworth	F	3.29.29
166	156 Sarah Rose	Ackworth	F45	3.29.29
167	16 John Flanagan	U/A	M	3.30.33
168	112 Anne Worrall	Valley Striders	F45	3.31.23
169	21 Jenny Mynett	Airecentre Pacers	F35	3.31.57
170	48 Gareth Tucker	U/A	M	3.33.12
171	169 Robin Coghlan	U/A	M50	3.36.42
172	227 Philip Robinson	Queensbury	M50	3.41.12
173	60 Stephanie Ramskill	U/A	F45	3.54.37
174	109 Neil Stearne	Methley	M50	3.54.37
175	1 Kevin Chippendale	Ackworth	M60	3.54.37
176	117 Sarah Pay	Fitmums & Friends	F40	4.02.10
177	137 Clare Rex	Fitmums & Friends	F45	4.02.10
178	93 Julie Wilkinson	U/A	F35	4.06.30
179	210 Nicola Morter	U/A	F35	4.06.30
180	140 Kate Holliday	U/A	F40	4.08.58